

INFORMAȚII PERSONALE

Anca-Raluca Dinu

📍 Imasului 2, Arad (România)

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Sexul Feminin | Data nașterii 24/08/1988 | Naționalitatea română

POZIȚIA

Medic specialist Reabilitare Medicală

EXPERIENȚA PROFESIONALĂ

07/07/2008–01/08/2008	Practice in plastic surgery at County and Emergency Hospital Arad
06/07/2009–31/07/2009	Practice in plastic surgery at County and Emergency Hospital Arad
05/07/2010–30/07/2010	Practice in Cardiology at County and Emergency Hospital Arad
04/07/2011–29/07/2011	Practice in Gastroenterology at County and Emergency Hospital Arad
02/07/2012–27/07/2012	Practice in Obstetrics and Gynecology in Elias Hospital in Bucharest

2007–Prezent

November 2007 – PRIME COURSE "Whole person Medicine", Timișoara, România

14 – 15 october 2010 –Regional Anesthesia course ecoguided , Timișoara, România

3 – 8 mai 2011 –Workshop „Live demonstration on rats –aortic anastomosis termino - terminal ", Timișoara, România

october 2012 National Guidelines and Protocols Course in Anaesthesia, Intensive Care and Emergency Medicine, Timisoara, Romania

December 2012 – Course - first aid items, Timisoara, Romania

22-25 mai 2013 - workshop "Cardiology-news", Timișoara, România

workshop "Modern therapies: angel or demon", Timișoara, România

workshop "Basic Resuscitation Saves Lives", Timișoara, România

workshop "Sleep Medicine interface between several specialists", Timișoara, România

25 May 2013 Presentation of the study "A Prospective Study on the Incidence and Etiopathogeny of Respiratory Tract Infections in Intensive Care Unit of the Clinical County Hospital Timisoara between July 2012 and April 2013", in the Medis 2013 Congres obtaining an award

13 July 2013 Presentation of the paper license, "Studiu prospectiv asupra incidentei si etiologiei infectiilor pulmonare in clinica ATI din cadrul spitalului clinic judetean de urgenta Timisoara in perioada 1 iulie 2012-1 iunie 2013"

7-9 May 2014 Presentation of paper "Experienta personala cu terapia biologica in spondilartropatii (Personal experience with biological therapy in spondyloarthropathies", at the Modern Medical Management Conference, Rheumatology section, Poiana Brasov .

11-12 April 2014 Participation in Immunology Summit, Elevating standards of care together, Bucuresti

23-26 September 2015 Presentation of the study "Monitoring possibilities of the functional deficit in rheumatoid arthritis patients" in Poster section at the 38 National Congres of Medical Rehabilitation with international participation, Sibiu, Romania

Articole/Abstracte publicate

"Correlations between Limb Fractures and Work Capacity", Anca-Raluca Dinu, Jenel Patrascu, Mihai-Alexandru Sandesc, Dorel Sandesc, Elena Amaricai, Revista Medica-A Journal of Clinical Medicine, indexata B+ (abstract), Volume 10(13), Supplement 2015 -

abstract

"Kabat method versus Williams method in conservative treatment of patients suffering from low back pain" , Anca-Raluca Dinu, Mihai-Alexandru Sandesc, Elena Amaricai, Romanian Journal of Diabetes, Nutrition and Metabolic Diseases, Volume 22(2015)/Supplement 2 , Abstracts of 4th International Symposium on ADIPOBIOLOGY and ADIOPHARMACOLOGY (ISAA) - abstract

"Redox status of the critically ill polytrauma patients and the influence of antioxidant therapy. A single center retrospective study", Mihai-Alexandru Sandesc, Anca-Raluca Dinu, Alexandru Florin Rogobete, Jenel Marian Patrascu, Romanian Journal of Diabetes, Nutrition and Metabolic Diseases, Volume 22(2015)/Supplement 2 , Abstracts of 4th International Symposium on ADIPOBIOLOGY and ADIOPHARMACOLOGY (ISAA) - abstract

"Kabat method versus Williams method in conservative treatment of patients suffering from low back pain" , Anca-Raluca Dinu, Mihai-Alexandru Sandesc, Elena Amaricai, The Publishing House of the Romanian Academy, Supplement 1/2015, 4th ISAA, Series B, pg.64-66 (articol extenso)

Alexandru Florin Rogobete, Ovidiu Horea Bedreag, Marius Papurica, Carmen Alina Cradigati, Mirela Sarandan, Anca Dinu, Sonia Elena Popovici, Dorel Sandesc, Monica Dragomirescu, Gabriela Preda. New trends in pain management - controlled release of local anaesthetics from siloxane matrix. Romanian Journal of Anaesthesia and Intensive Care, volume 23, Supp 1, 2016

Premiu pentru cel mai bun e-Poster - New trends in pain management - controlled release of local anaesthetics from siloxane matrix. Alexandru Florin Rogobete, Ovidiu Horea Bedreag, Marius Papurica, Carmen Alina Cradigati, Mirela Sarandan, Anca Dinu, Sonia Elena Popovici, Dorel Sandesc, Monica Dragomirescu, Gabriela Preda. Lucrarea a fost sustinuta in cadrul urmatoarelor evenimente

AI 42-lea congres al Societatii Romane de Anestezie si Terapie Intensiva

AI 10-lea Congres Romano-Francez de Anestezie si Terapie Intensiva

AI 8-lea Simpozion Romano-Istraelian de actualitati in Anestezii si Terapie Intensiva

AI 15-lea Congres al Asistentilor de Anestezie si Terapie Intensiva

AI 3-lea simpozion Romania Dodoloata al Societatilor de Anestezie si Terapie Intensiva din Romania si Moldova

2014–2016 Taking part at the study A Phase 2, Double-Blind, Parallel, Placebo-Controlled, Randomized Study to Evaluate Multiple Dose Levels of IPI-145 with Background Methotrexate in Subjects with Active Rheumatoid Arthritis and an Inadequate Response to Methotrexate Alone IPI-145-04 , Timisoara 2014
ABBVIE Deutschland

16/11/2015–15/12/2015 Work as Medical resident
Policlina Abano Terme, Italia, Abano-Terme (Italia)

01/01/2014–31/12/2017 Work as Medical resident
Spitalul Clinic Municipal de Urgenta Timisoara, Timisoara (România)

01/10/2015–31/12/2017 Work as Medic rezident, cu competenta in ozonoterapie, practicarea ozonoterapiei
Centrul Medical Dr. Sandesc, Mosnita Noua, judet Timis (România)

01/01/2018–Prezent Medical doctor
Centrul Medical Dr. Sandesc, Timisoara (România)
Specialitatea : Reabilitare Medicala
Competenta: Ozonoterapie

17/09/2018–Prezent

Asistent Universitar

UMFT, TIMISOARA (România)

EDUCAȚIE ȘI FORMARE

2007–2013

Graduated the University of Medicine and Farmacology, Victor-Babes Timisoara, Romania

1st year: Media pe primul an (2007-2008): 9,35/10

2nd year: Media pe anul II (2008-2009): 9,15/10

3rd year: Media pe anul III (2009-2010): 8,81/10

4th year: Media pe anul IV (2010-2011): 9,35/10

5th year: Media pe anul V (2011-2012): 9,84/10

6th year: Media pe anul VI (2012-2013): 9,60/10

*Promovation: Media finală de promovare a studiilor: 9,35**the licese paper: Presentation of the study "A Prospective Study on the Incidence and Etiopathogeny of Respiratory Tract Infections in Intensive Care Unit of the Clinical County Hospital Timisoara between July 2012 and April 2013"*

Final note: Media generală în urma examenului de finalizare a studiilor : 10/10

2003-2007 National college "Moise-Nicoara", Arad

2007 Bacalaureat exam 9,86/10

19.07.2007 Certificate of professional competence competent computer skills 10/10

19.07.2007 Certified professional skills, intermediate level language skills in English, 10/10

2004 National Geography Olympiad, Focsani

1995-2003 School nr4, "Ioan Slavici", with classes I-VIII, Arad

01/01/2014–31/12/2017

Medic Rezident Reabilitare Medicală

01/01/2018–Prezent

Medic Specialist Reabilitare Medicală**COMPETENȚE PERSONALE**

Limba(i) maternă(e)

română

Limbile străine

	ÎNȚELEGERE		VORBIRE		SCRIERE
	Ascultare	Citire	Participare la conversație	Discurs oral	
engleză	C1	C1	C1	C1	C1
	Certified personal skills, intermediate level language skills in English				
franceza	B1	B1	B1	B1	B1
germană	B1	B1	B1	B1	B1
italiană	B2	B1	A2	A2	A2
spaniolă	C2	C2	B2	B2	B1

Niveluri: A1 și A2: Utilizator elementar - B1 și B2: Utilizator independent - C1 și C2: Utilizator experimentat
 Cadrul european comun de referință pentru limbi străine

**Competențe
organizaționale/manageriale**

Voluntariat contract nr. 106/5.11.2004, with Development and Community Assistance, multicultural social complex Arad

16.12.2004 Projects contest, poster section, the Foundation of Special Olympics Romania, Arad

12-13 mai Volunteer in Special Olympics Arad

4.07.2005 Research work in the socio-historical multicultural project "Big Churches, Small Churches" and also co-author

2005,2006 organization of Easter and Christmas Bazar in caritable purposes, Arad

4-24iunie 2006, volunteer in the organization of the Japonesse Culture Festival in Arad

2010-2011 Member in the Leo organization, Arad

Competențe dobândite la locul de muncă

Competence in Ozonoterapy , obtained in May 2015, Bucharest

Competente sociale si civice, cod COR, organizat de INCDTP-Bucuresti, 19.10-22.10.2015 (32 ore), inmatriculat in Registrul national al furnizorilor de formare profesionala a adultilor, nr. 40/7955/07.09.2015., promovare examen nota 10.

Competenta de Acupunctura, absolvirea cursului de Acupunctura Energetica si Traditionala pentru anul academic 2015-2018 , 400 ore teoretice+120 ore practice

Competențele digitale

Certificate of professional competence, professional operating skills