

Methods of prescribing drugs- ways of prescribing medicines according to the legislation
Methodology of issuing medical exemptions for sports
Methodology for granting medical leave

Methods of prescribing drugs- Ways of prescribing medicines according to the legislation

There are four drug sub-lists:

- A, which are compensated in a proportion of 90% of the reference price, remaining that the remaining 10% is borne by the patient
- B, which are compensated in proportion of 50% of the reference price and compensated 90% for the pensioners who have up to 900 lei.
- C, which are 100% offset by the reference price, includes the meds corresponding to the medicines benefiting from insurance included in the national health programs and children <18 years old, students under 26 years old, as well as pregnant and postpartum woman. List C comprises three subgroups: C1 C2 and C3.
- D, offset 20% of the reference price.

According to the Technical Norms, on the prescription form the family doctor is obliged that for pensioners who make pension income and social allowance for pensioners up to 900 lei / month inclusive, regardless of whether or not he earns other income, to tick the category "0 -900 lei ",

- According to the Technical Norms, on the prescription form the family doctor is obliged that for pensioners who make pension income and social allowance for pensioners up to 900 lei / month inclusive, regardless of whether or not he earns other income, to tick the category "0 -900 lei ",
- in order to receive compensation the pensioners will have to present to the family doctor the last pension heel and the identity card.
- The family doctor will have to record in the medical record of the pensioner / in the consultation register the number of the pension heel and the amount of the pension and the social allowance for the pensioners.
- Prescription of medicines with and without personal contribution is made according to the norms included in the common order of the Minister of Health and of the president of the National Health Insurance Company.

The prescription forms are completed in chronological order of the consultations.

Doctors prescribe medicines in the form of the international common name – DCI (“denumire comuna internationala”)

In medically justified cases, as well as in the case of biological products, the prescription is made on the commercial name, specifying on the prescription and the international common name - the corresponding DCI.

Depending on the evolutionary type of the disease, the prescription can be made for

- maximum 7 days in acute diseases,
- 8-10 days in subacute diseases
- 30-90 / 91/92 days in chronic diseases.

Lifting medicines from the pharmacy can be done

- in 24-48 hours in case of prescriptions for acute or subacute diseases
- in 30 days for those with chronic diseases.

For chronic diseases, doctors can prescribe medicines with and without personal contribution, subject to the following conditions:

- For sublists A, B, and D - one prescription / multiple prescriptions per month,
- which should not cumulatively exceed 7 different drugs on all prescriptions for a month.
- The total value of the drugs in sub-list B, calculated at the reference price level, is up to 330 lei per month;

In the case in which in a month a drug from sub-list B is prescribed with #, with the maximum value of the treatment per month, calculated at the reference price level, greater than 330 lei, is no longer prescribed in that month and other drugs in sub-list B;

For sub-list C section C1 - on each disease code, one prescription / maximum two prescriptions per month, with maximum 3 drugs;

For list C section C3 - a single prescription per month, with a maximum of 4 drugs.

A series of medicines are prescribed according to the rules established by therapeutic protocols regarding the prescription of medicines related to the international common names provided in the annex of the Order of the Minister of Health and of the president of the National House of Health Insurance no. 475/308/2017.

The recipe forms used are:

- electronic prescriptions - used for most medicines
- special green formulations for prescribing psychotropic preparations
- special yellow formulations for narcotic preparations (Law 339/2005).

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- The medical prescription for the narcotic and psychotropic preparations is issued in four copies destined: the patient, the pharmacy, the Health Insurance House and the prescribing doctor.
- Up to 2 modifications confirmed by signature and stamp are allowed.
- The validity of the prescription is 10 days from the date of prescription for the narcotic products and 30 days for the psychotropic products.
- A prescription may comprise no more than 3 preparations, one preparation in up to 2 different pharmaceutical forms and the quantity may be prescribed for 30 days.

Rules for completing the forms

- all patient diagnoses for which drugs have been prescribed will be noted. The same type of acute, subacute, chronic diagnosis will not be combined on the same form.
- the prescription itself:
 - note the appropriate percentage of compensation for the list of the drug
 - for the drugs in sub-list C the category of disease will be noted (G1-G31)
 - international common name, pharmaceutical form, concentration and commercial name for medically justified cases.
- For acute or subacute illnesses, an insured person can benefit, whenever necessary, from medical prescriptions with drugs from sub-list A and / or B, issued under the same conditions as for chronic illnesses (as number of drugs or as value per prescription).

Methodology of issuing medical exemptions for sports

- **Medical exemptions from physical education classes are issued by the doctor of the school unit or student on the medical certificate form.**

Depending on the clinical form and the consequent functional deficiencies, the exemptions may be:

A. Annual

B. Temporary (for variable duration, under a school / university year, recommended by the doctor)

A. Annual:

- totally unfit for the physical education activity, without a note on this subject.
 - At the doctor's recommendation, some easy exercises for harmonious physical development can be performed during the physical education class.
- totally unfit for the physical education activity, without a note, but with the recommendation of medical physical recovery culture in the offices or specialized centers.
 - Students and students who learn in localities without the possibility of recovery through the medical physical culture will be recommended a different exercise program within the physical education hours.
- partially unfit, only for some of the activities required by the analytical program of the physical education classes, with a note on this subject.

B. Temporary (for variable duration, under a school / university year, recommended by the doctor):

- totally unfit for the physical education activity;
- partially ineligible only for some of the activities required by the analytical program of the physical education lessons.
- Medical exemptions from physical education classes cannot be issued retroactively, they are valid from the day they are granted (except for motivational medical records for periods when a student / student is absent from all educational objects due to illness).
- Medical exemptions from physical education classes cannot be issued retroactively, they are valid from the day they are granted (except for motivational medical records for periods when a student / student is absent from all educational objects due to illness).
- Medical exemptions for physical education will be registered on the medical certificate form.
- The therapeutic indications will be registered separately and will be added to the aforementioned medical certificate.
- The scale of illnesses for which medical education exemptions are granted is included in annex 4.