

INFORMAȚII PERSONALE

Livia - Oana Milaș



EXPERIENȚA PROFESIONALĂ

- 2017–Prezent **Asistent universitar**
Universitatea de Medicină și Farmacie «Victor Babeș», Timișoara (România)
- 2015–Prezent **Medic specialist nefrolog**
Centrul de dializă BBraun, Arad (România)
- 2014–2016 **Medic specialist nefrolog - contract de voluntariat**
Spitalul Clinic de Urgență pentru Copii «Louis Turcanu», Timișoara (România)

EDUCAȚIE ȘI FORMARE

- 2015 **Medic specialist Nefrologie – confirmare prin OMS 335/2015**
- 2015 **Atestat de studii complementare în ultrasonografie generală – Seria C, Nr 038115**
- 2009–2015 **Medic rezident Nefrologie – confirmare prin OMS 1980/2008**
Spitalul Clinic Județean de Urgență Timișoara
- 2007–2008 **Medic rezident Medicină de Urgență**
Spitalul Clinic Județean de Urgență Timișoara
- 2000–2006 **Doctor-Medic/ Diplomă de licență – Ministerul Educației și Cercetării 352/2007, Seria Y, Nr. 0057427**
Universitatea de Medicină și Farmacie «Victor Babeș» Timișoara
- 1996–2000 **Diplomă de bacalaureat – eliberată de Ministerul Educației Naționale 175/2000, Seria R, Nr. 0360375**
Liceul «Colegiul Național Banățean» Timișoara

COMPETENȚE PERSONALE

Limba(i) maternă(e) română

Limbile străine

ÎNȚELEGERE		VORBIRE		SCRIERE
Ascultare	Citire	Participare la conversație	Discurs oral	

franceză	B2	B2	B2	B2	B2
engleză	B2	B2	B2	B2	B2

Niveluri: A1 și A2: Utilizator elementar - B1 și B2: Utilizator independent - C1 și C2: Utilizator experimentat
Cadru european comun de referință pentru limbi străine - Grila de auto-evaluare

Permis de conducere B

INFORMAȚII SUPLIMENTARE

Membru în societăți Societatea Română de Nefrologie – din 2009
Membru European Renal Association – European Dialysis and Transplant Association – din 2011

Studii clinice Perioada: 2019-prezent
Funcția ocupată: coordonator al studiului
Tema studiului: A phase 3 randomized, open-label (sponsor-blind), active controlled, parallel-group, multi-center, event driven study in non-dialysis subjects with anemia associated with chronic kidney disease to evaluate the safety and efficacy of daprodustat compared to darbepoetin alfa.
Numele companiei: GlaxoSmithKline

Perioada: 2014 – 2018
Funcția ocupată: coordonator al studiului
Tema studiului: A Randomized, Double-blind, Event-driven, Placebo-controlled, Multicenter Study of the Effects of Canagliflozin on Renal and Cardiovascular Outcomes in Subjects With Type 2 Diabetes Mellitus and Diabetic Nephropathy
Numele companiei: Janssen Pharmaceuticals

Articole ISI autor principal (prim autor, ultim autor) **Milaș O**, Gadalean F, Vlad A, Dumitrascu V, Velciov S, Gluhovschi C, Bob F, Popescu R, Ursoniu S, Jianu DC, Matusz P, Pusztai AM, Secara A, Simulescu A, Stefan M, Patruica M, Petrica F, Vlad D, Petrica L. Pro-inflammatory cytokines are associated with podocyte damage and proximal tubular dysfunction in the early stage of diabetic kidney disease in type 2 diabetes mellitus patients.
J Diabetes Complications. 2020 Feb;34(2):107479. doi: 10.1016/j.jdiacomp.2019.107479. Epub 2019 Nov 5. PMID: 31806428
IF 2,68

Milaș O, Gadalean F, Vlad A, Dumitrascu V, Gluhovschi C, Gluhovschi G, Velciov S, Popescu R, Bob F, Matusz P, Pusztai AM, Cretu OM, Secara A, Simulescu A, Ursoniu S, Vlad D, Petrica L. Deregulated profiles of urinary microRNAs may explain podocyte injury and proximal tubule dysfunction in normoalbuminuric patients with type 2 diabetes mellitus.
J Investig Med. 2018 Apr;66(4):747-754. doi: 10.1136/jim-2017-000556. Epub 2017 Dec 25. PMID: 29279420
IF 1,99

Petrica L, Petrica M, Vlad A, Jianu DC, Gluhovschi G, Ianculescu C, Firescu C, Dumitrascu V, Giju S, Gluhovschi C, Bob F, Gadalean F, Ursoniu S, Velciov S, Bozdog G, **Milaș O**. Proximal tubule dysfunction is dissociated from endothelial dysfunction in normoalbuminuric patients with type 2 diabetes mellitus: a cross-sectional study.
Nephron Clin Pract. 2011;118(2):c155-64. doi: 10.1159/000320038. Epub 2010 Dec 10. PMID: 21150223
IF 2,19

Petrica L, **Milaș O**, Vlad M, Vlad A, Gadalean F, Dumitrascu V, Velciov S, Gluhovschi C, Bob F,

Ursoniu S, Jianu DC, Matusz P, Pusztai AM, Cretu O, Radu D, Secara A, Simulescu A, Stefan M, Popescu R, Vlad D. Interleukins and miRNAs intervene in the early stages of diabetic kidney disease in Type 2 diabetes mellitus patients.

Biomark Med. 2019 Dec;13(18):1577-1588. doi: 10.2217/bmm-2019-0124. Epub 2019 Oct 30. PMID: 31663375

IF 2,26

Articole ISI co-autor

Petrica L, Pusztai AM, Vlad M, Vlad A, Gadalean F, Dumitrascu V, Vlad D, Velciov S, Gluhovschi C, Bob F, Ursoniu S, Petrica M, Matusz P, Cretu O, Radu D, **Milaș O**, Secara A, Simulescu A, Popescu R, Jianu DC. MiRNA Expression is Associated with Clinical Variables Related to Vascular Remodeling in the Kidney and the Brain in Type 2 Diabetes Mellitus Patients.

Endocr Res. 2020 Feb-May;45(2):119-130. doi: 10.1080/07435800.2019.1690505. Epub 2019 Nov 14. PMID: 31724439

IF 1,62

Petrica L, Ursoniu S, Gadalean F, Vlad A, Gluhovschi G, Dumitrascu V, Vlad D, Gluhovschi C, Velciov S, Bob F, Matusz P, **Milaș O**, Secara A, Simulescu A, Popescu R. Urinary podocyte-associated mRNA levels correlate with proximal tubule dysfunction in early diabetic nephropathy of type 2 diabetes mellitus.

Diabetol Metab Syndr. 2017 May 6;9:31. doi: 10.1186/s13098-017-0228-y. eCollection 2017. PMID: 28484521

IF 2,41

Petrica L, Vlad A, Gluhovschi G, Zamfir A, Popescu C, Gadalean F, Dumitrascu V, Vlad D, Popescu R, Velciov S, Gluhovschi C, Bob F, **Milaș O**, Ursoniu S. Glycated peptides are associated with proximal tubule dysfunction in type 2 diabetes mellitus.

Int J Clin Exp Med. 2015 Feb 15;8(2):2516-25. eCollection 2015. PMID: 25932197

IF 1,075

Petrica L, Vlad A, Gluhovschi G, Gadalean F, Dumitrascu V, Gluhovschi C, Velciov S, Bob F, Vlad D, Popescu R, **Milaș O**, Ursoniu S. Proximal tubule dysfunction is associated with podocyte damage biomarkers nephrin and vascular endothelial growth factor in type 2 diabetes mellitus patients: a cross-sectional study.

PLoS One. 2014 Nov 14;9(11):e112538. doi: 10.1371/journal.pone.0112538. eCollection 2014. PMID: 25397960

IF 3,23

Elena Sirbu, **Oana Milaș**, Maxim Petrica, Ligia Petrica - Systemic lupus erythematosus followed by myasthenia gravis: a rare association. Cent Eur J Med 2013; 8(6):799-902; DOI: 10.2478/s11536-013-0239-5

IF-0.209

Petrica L, Vlad A, Petrica M, Jianu CD, Gluhovschi G, Gadalean F, Dumitrascu V, Ianculescu C, Firescu C, Giju S, Gluhovschi C, Bob F, Velciov S, Bozdog G, **Milaș O**, Marian R, Ursoniu S. Pioglitazone delays proximal tubule dysfunction and improves cerebral vessel endothelial dysfunction in normoalbuminuric people with type 2 diabetes mellitus.

Diabetes Res Clin Pract. 2011 Oct;94(1):22-32. doi: 10.1016/j.diabres.2011.05.032. Epub 2011 Jul 2. PMID: 21726916

IF 2,75

Abstracte

Oana Milaș, Gadalean Florica, Secara Alina, Simulescu Anca, Vlad Adrian, Dumitrascu Victor,

Popescu Roxana, Velciov Silvia, Bob Flaviu, Gluhovschi Cristina, Matusz Petru, Pusztai Agneta Maria, Cretu Octavian, Ursoniu Sorin, Vlad Daliborca, Petrica Ligia - Pro-Inflammatory Cytokines (Il 1 Alpha, Il 8 And Il 18) Are Associated With Podocyte Damage And Proximal Tubular Dysfunction In The Early Stage Of Diabetic Kidney Disease In Type 2 Diabetes Mellitus Patients, Congres ERA-EDTA, Budapesta, 13-16 iunie 2019, publicat in Nephrol Dial Transplant, Vol 34, Supl 1, ISSN 0931-0509

Petrica Ligia, Vlad Mihaela, Vlad Adrian, Gadalean Florica, Dumitrascu Victor, Velciov Silvia, Gluhovschi Cristina, Bob Flaviu, Ursoniu Sorin, Jianu Dragos Catalin, Matusz Petru, Pusztai Agneta Maria, Cretu Octavian, **Oana Milaş**, Secara Alina, Simulescu Anca, Popescu Roxana, Vlad Daliborca - Molecular Pathways Of Inflammation Which Involve Interleukins Parallel A Particular Mimas Profile In The Early Stages Of Diabetic Kidney Disease In Type 2 Diabetes Mellitus Patients, Congres ERA-EDTA, Budapesta, 13-16 iunie 2019, publicat in Nephrol Dial Transplant, Vol 34, Supl 1, ISSN 0931-0509

Petrica L, Pusztai A-M, Vlad M, Vlad A, Gadalean F, Dumitrascu V, Vlad D, Velciov S, Gluhovschi C, Bob F, Ursoniu S, Petrica M, Matusz P, Cretu O, **Oana Milaş**, Secara A, Simulescu A, Popescu R, Jianu CD - The time frame of vascular remodelling is dissociated within the brain and the kidney and may be explained by the variability of miRNAs expression in type 2 diabetes mellitus patients, Congres ERA-EDTA, Copenhaga, 24-27 mai 2018, publicat in Nephrol Dial Transplant, Vol 33, pag i497, ISSN 0931-0509

Ligia Petrica, Florica Gadalean, Adrian Vlad, Victor Dumitrascu, Cristina Gluhovschi, Gheorghe Gluhovschi, Silvia Velciov, Roxana Popescu, Flaviu Bob, Maxim Petrica, Catalin Jianu, Petru Matusz, **Oana Milaş**, Alina Secara, Anca Simulescu, Sorin Ursoniu, Daliborca Vlad - Particular profiles of urinary micro-RNAs may explain podocyte injury and proximal tubule dysfunction in normoalbuminuric patients with type 2 diabetes mellitus, Congres ERA-EDTA, Madrid, 3-6 iunie 2017, publicat in Nephrol Dial Transplant, Vol 32, Supl 3

Petrica Ligia, Gadalean Florica, Vlad A, Gluhovschi Gh, Dumitrascu V, Vlad Daliborca, Gluhovschi Cristina, Velciov Silvia, Bob F, Petrica Maxim, Jianu CD, Ursoniu Sorin, **Oana Milaş**, Secara Alina, Simulescu Anca, Popescu Roxana - Urinary podocyte-associated messenger RNA levels correlate with proximal tubule dysfunction in early diabetic nephropathy of type 2 diabetes mellitus, Congres ERA-EDTA, Viena, Austria, 21-24 Mai 2016, publicat in Nephrol Dial Transplant, Vol 31 Supl. 1: i217-i218; doi: 10.1093/ndt/gfw169.0412.

Petrica Ligia, Vlad A, Gluhovschi Gh, Gadalean Florica, Dumitrascu V, Vlad Daliborca, Popescu Roxana, Gluhovschi Cristina, Velciov Silvia, Bob F, Petrica M, Jianu C, **Oana Milaş**, Ursoniu S. Urinary podocytes are associated with proximal tubule dysfunction in type 2 diabetes mellitus patients: a cross-sectional study, Congres ERA-EDTA, Londra, UK, May 28 mai - 2 iunie 2015; publicat in Nephrol Dial Transplant; Vol 30, Supl 3:iii532-iii533.

Petrica Ligia, VladA, Gluhovschi Gh, Gadalean Florica, Dumitrascu V, Gluhovschi Cristina, Velciov Silvia, Bob F, Vlad Daliborca, Popescu Roxana, Petrica M, Jianu C, **Oana Milaş**, Izvemari Oana, Ursoniu S. Proximal tubule dysfunction is associated with urinary nephrin and vascular endothelial growth factor excretion in normoalbuminuric type 2 diabetes mellitus patients: a cross-sectional study, Congres ERA-EDTA, Amsterdam, Olanda, 31 mai - 3 iunie 2014; publicat in Nephrol Dial Transplant 2014; Vol 29, Supl, 3: iii420-421

Petrica Ligia, Vlad A, Petrica M, Jianu CD, Gluhovschi Gh, Zamfir Alina, Popescu Cristina, Gadalean Florica, Dumitrascu V, Gluhovschi Cristina, Velciov Silvia, Bob F, Vlad Daliborca, **Oana Milaş**, Izvemari Oana, Ursoniu S. Glycated peptides induce endothelial dysfunction in the brain vasculature in normoalbuminuric patients with type 2 diabetes mellitus. AI XXI Congres mondial de Neurologie, 21-26 Septembrie, Viena, Austria, 2013; Journal of The Neurological Sciences Vol 333: e260-e261 DOI: 10.1016/j.jns.2013.07.1001 ISSN: 0022-510X

Petrica Ligia, Vlad A, Petrica M, Jianu CD, Gluhovschi Gh, Alina Zamfir, Cristina Popescu, Florica Gadalean, Dumitrascu V, Gluhovschi Cristina, Velciov Silvia, Bob F, Vlad Daliborca, **Oana Milaş**, Balgradean C, Izvemari Oana, Ursoniu S. The proteomic pattern of glycated peptides explains

proximal tubule dysfunction in normoalbuminuric patients with type 2 diabetes mellitus: a cross-sectional study. World Congress of Nephrology, 31 Mai-5 Iunie 2013, Hong Kong, PR China

Petrica M, Petrica Ligia, Vlad A, Jianu DC, Gluhovschi Gh, Ianculescu C, Firescu C, Dumitrascu V, Gadalean F, Giju S, Gluhovschi C, Ursoniu S, Velciov S, **Oana Milas**, Balgradean C, Gaina A. Neuro- and renoprotective effects of pioglitazone versus glimepiride in normoalbuminuric patients with type-2 diabetes mellitus: a randomized controlled trial. 16th Congress of EFNS, 11-15 Septembrie 2012, Stockholm, Suedia; European Journal of Neurology 2012; Vol 19, Supl.1:457

Petrica Ligia, Vlad A, Petrica M, Jianu CD, Gluhovschi Gh, Ianculescu Calina, Negru Mioara, Dumitrascu V, Gadalean Florica, Zamfir Alina, Popescu Cristina, Giju S, Gluhovschi Cristina, Velciov Silvia, **Oana Milas**, Balgradean C, Ursoniu S. Glycated albumin is toxic for the proximal tubule but spares the glomerular endothelium in normoalbuminuric patients with type 2 diabetes mellitus: a cross-sectional study. Congres ERA-EDTA, 24-27 Mai 2012, Paris, Franta, publicat in Nephrol Dial Transplant Vol 27, Supl 2: 1-549

Petrica Ligia, Petrica M, Vlad A, Jianu DC, Gluhovschi Gh, Ianculescu C, Firescu C, Dumitrascu V, Gadalean F, Giju S, Gluhovschi C, Bob F, Ursoniu S, Velciov S, Bozdog Gh, **Oana Milas**, Marian R, Ianculescu C. Dual effects of pioglitazone on proximal tubule dysfunction and cerebral vessels endothelial dysfunction in normoalbuminuric patients with type 2 diabetes mellitus, Congres ERA-EDTA, 23-26 Iunie 2011, Praga, Cehia

Ligia Petrica, M.Petrica, A.Vlad, Gh.Gluhovschi, Calina Ianculescu, Catalina Firescu, V. Dumitrascu, S.Giju, C.D. Jianu, Cristina Gluhovschi, F. Bob, S.Ursoniu, Florica Gadalean, Silvia Velciov, Virginia Trandafirescu, Gh.Bozdog, Adriana Gaina, Roxana Marian, **Oana Milas**- Proximal tubule dysfunction may explain albuminuria in patients with type 2 diabetes mellitus, World Congress of Nephrology, 8-12 Aprilie 2011, Vancouver, Canada

Ligia Petrica, M.Petrica, A.Vlad, Gh.Gluhovschi, Calina Ianculescu, Catalina Firescu, V. Dumitrascu, S.Giju, C.D. Jianu, Cristina Gluhovschi, F. Bob, S.Ursoniu, Florica Gadalean, Silvia Velciov, Virginia Trandafirescu, Gh.Bozdog, Adriana Gaina, Roxana Marian, **Oana Milas** - Proximal tubule dysfunction and not endothelial dysfunction explains early diabetic nephropathy in patients with type 2 diabetes mellitus: A cross-sectional study, NDT, Munich, Germany, 25-28 Iunie, publicat in Nephrol Dial Transplant Plus 2010; vol.3, Supl 3:iii415

L. Petrica, M. Petrica, A. Vlad, D.C. Jianu, Gh. Gluhovschi, C. Ianculescu, C. Firescu, V. Dumitrascu, S. Giju, C. Gluhovschi, F. Bob, F. Gadaleanu, S. Ursoniu, S. Velciov, Gh Bozdog, A. Gaina, R. Marian, **Oana Milas**- Endothelial dysfunction in the cerebral vessels does not parallel glomerular endothelial impairment in patients with type 2 diabetes mellitus, Congress of the European Federation of Neurological Societies, Geneva, Elvetia, Septembrie, 2010, European Journal of Neurology 2010; Vol 17, Supl.3:444

Participări la congrese și cursuri naționale și internaționale

1. Congres ERA-EDTA, Budapesta, 13-16 iunie 2019
2. Renal Biopsy Course, Leipzig, Germania, Martie, 2012
3. Congresul National de Nefrologie, Dializa, Transplant si Acces Vascular, Editia a VIII-a , Bucuresti, Romania, Aprilie 2012
4. Congresul National de Nefrologie, Editia a VII-a, Timisoara, Romania, Octombrie, 2011
5. Renal Failure Academy, Editia a IX-a, Constanta, Romania, Iulie, 2011
6. Congresul National de Nefrologie, Dializa, Transplant si Acces Vascular, Editia a VIII-a , Bucuresti, Romania, Aprilie 2011
7. Renal Failure Academy, Editia a VIII, Sibiu, Romania, Iunie, 2010;
8. Renal Failure Academy, Editia a VII, ERA – EDTA and ISN/COMGAN postgraduate course, Timisoara, Romania, Iunie, 2009;
9. Congresul National de Nefrologie, Editia a VII-a, Sinaia, Octombrie, 2009
10. Diagnosticul si tratamentul pacientilor hipertensivi cu boala cronica de rinichi, Timisoara, Octombrie, 2010

11. Curs de ghiduri si protocoale in Anestezie si Terapie intensiva si Medicina de Urgenta, Timisoara, Decembrie, 2007

11. Curs francofon de Stiinte Neurologice, Editia a VIII-a 8th , Octombrie, 2007

Abilități sociale

Persuasivă, spirit de echipă, cinstită, devotată valorilor personale si organizaționale, abilitatea de a organiza timpul si de a lucra sub presiune, oricand pregatita sa vin cu idei noi, orientată spre obținerea de rezultate

Interese personale

Sportul, călătoria, abilități în calculatoare.

25.05.2020

